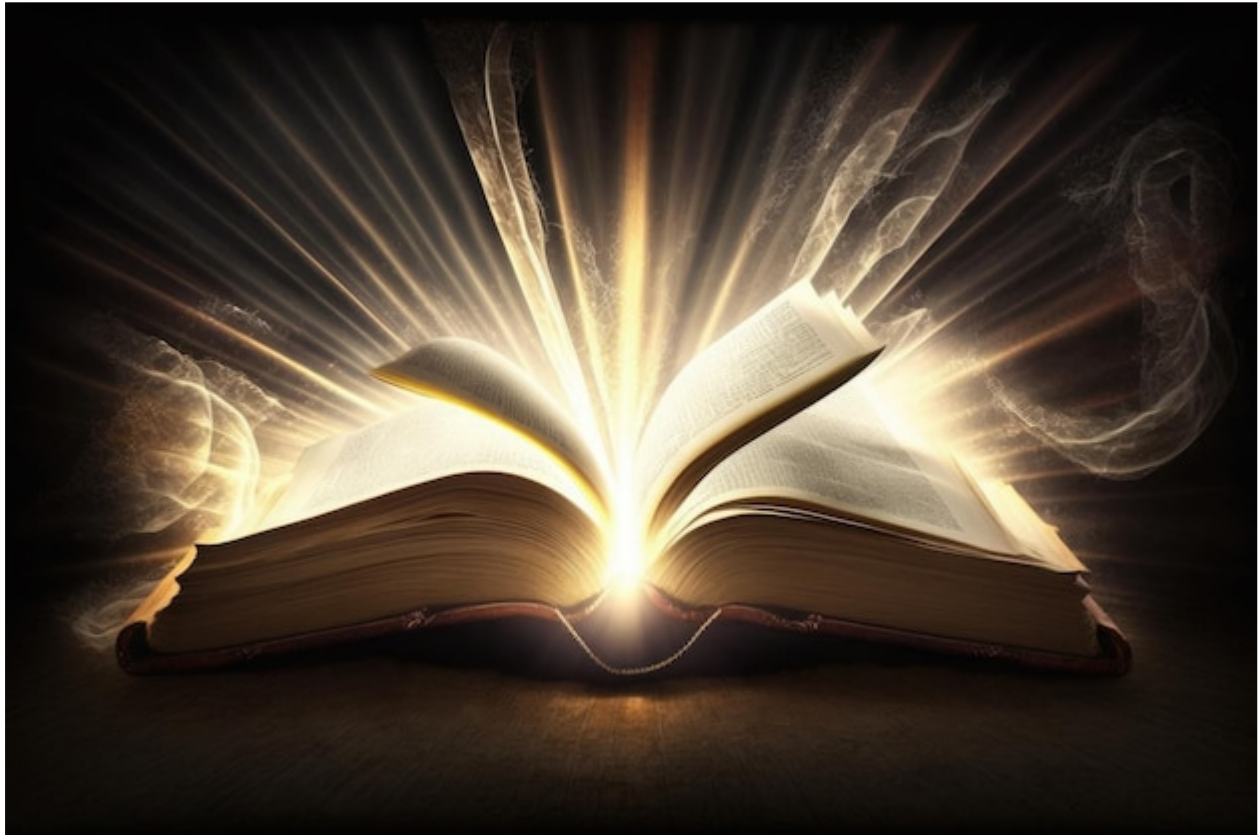


# **St. Patrick's Anglican Church Sunday School**

## **Teacher's Guide**



### **Year 3: Old Testament**

#### **Deborah**

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## Introduction:

This Sunday School curriculum is a model for an Anglican church mixed age Sunday School. It is setup as separate lessons with a three-year curriculum so that it can easily follow the Anglican lectionary. I have purposefully started with Old Testament subjects (Creation, Old Testament Heroes, and Stories) and ended with New Testament subjects such as Lent, Easter, and Parables so that young students and finally I have touched on Anglican basics such as Anglican Rosary, Creeds, Sacraments, and Prayer Book. The goal is that students will gain a more rounded understanding of our tradition, scripture, and heritage.

All the lessons can be taught independently but may require some review for those who did not attend the previous week. The Sunday School Lessons will follow the Anglican Seasons as much as possible including Advent, Christmas, Epiphany, Lent, Easter, Ascension, and Pentecost. In addition, the basics of using the Bible, Book of Common Prayer, and the lives of Saints will be studied, along with Old and New Testament Heroes whenever possible. My philosophy for children's Sunday school is to provide interesting subject matter that children and young adult can build on and activities that provide important life lessons, incorporating video, audio, and written material.

### Scripture for Meditation:

By faith we understand that the universe was formed at God's command, so that what is seen was not made out of what was visible. —[Hebrews 11:3 \(NIV\)](#)

"But ask the beasts, and they will teach you;  
the birds of the heavens, and they will tell you;  
or the bushes of the earth, and they will teach you;  
and the fish of the sea will declare to you.  
Who among all these does not know  
that the hand of the Lord has done this?  
In his hand is the life of every living thing  
and the breath of all mankind. — [Job 12:7-10 \(ESV\)](#)

I have utilized the following books and sites if you are looking for additional information:

- [Scripture is the New King James version](#) unless otherwise specified.
- Lives of the Saints by Hugo Hoyer
- All Saints by Robert Ellsberg
- 1928 Book of Common Prayer

## Step by Step Instructions on how to use the Children's Sunday School Lesson Program

Each Lesson has a thematic lesson which follows the liturgical year (Advent, Christmas, Epiphany, Lent, Easter, Pentecost, Ascension, and Trinity Sundays) – users are encouraged to follow the format but are not limited to using them in the outlined order. Each of the lessons except for the Creation Lesson (Year One) can be used by as a standalone lesson.

### Prior to Sunday

**Step 1:** Review the theme or study for the upcoming Sunday School Lesson.

**Step 2:** Review list of materials required for the activity for the upcoming Sunday and ensure all materials are available. Some Sundays have alternative activities, choose which activity you wish to do.

**Step 3:** Print copies of the following for the number of students you anticipate in the Sunday School class (Optional).

- Coloring Sheet (there may be more than one page)
- Additional Sheets such as scripture sheets and take-home sheets if applicable.

### Sunday Morning Preparation– Arrive Early (5-10 minutes)

**Step 4:** Setup up projector and laptop for video, or tv screen. If you do not have access to a projector or tv, print the PowerPoint. There is a script provided for the PowerPoint that can be read.

**Step 5:** Pull out and put together the items needed for the activity and place them on a table or side table.

**Step 6:** Place Coloring/Work Sheets, Scripture Sheets (if applicable), and Take-Home Sheet (if applicable) in a location you can easily access. I usually print extra coloring or worksheets to put in narthex for those who choose not to attend Sunday School or for others to take home.

### Sunday Morning Arrival

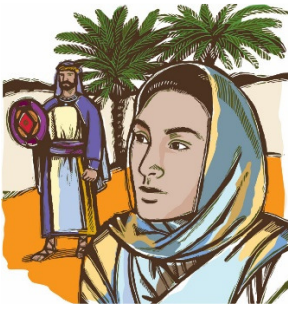
**Step 7:** Greet each student as they arrive.

**Step 8:** Update Attendance board and add guests.

**Step 9:** Do the Pledge of Allegiance followed by the Lord's Prayer (optional).

## Year 3: Old Testament Deborah

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### Learning Objective:

"Trusting God to give us the ability and strength to do his will"

### Items Needed:

- Cutout Shield of thin wood or heavy cardboard (see pattern)
- Items to add to shield: Palm, heart, sword, bee (these can be cut out of posterboard or construction paper and painted or colored with pencils.
- Aluminum foil or paint to cover the shield.
- Colored Markers, colored pencils, paint, glue (white), scissors (general materials for each lesson), hole punch, tape, glitter.

### Preparation for Teaching

#### Scripture or Video or PowerPoint Reference

- Use PowerPoint presentation – **Deborah**.
- The story of Deborah can be found in the Old Testament Book of Judges Chapters 4 & 5.

### Prep for next week : Only used if you have back-to-back lessons.

- None

### Teaching Plan:

#### Introduction:

- The story of Deborah comes from the book of Judges chapters 4 & 5 of the Old Testament. The key information concerning Deborah are:
  - She was the only woman Judge in the Old Testament,
  - she was victorious against the Canaanites in battle,
  - she was also a prophetess and spoke with God,
  - she trusted God and was instrumental in bring Israel back to the commandments.

**Play PowerPoint: Deborah**

**Lesson:**

**Question:**

1. We are told in Judges 5 that Deborah was a Judge in the Old Testament, was a Judge a Judicial person and did they work like we understand Judges? Answer: No – judges were warriors with great victories.
2. Besides being a Judge what else was Deborah? Answer: Deborah was a prophet (prophetess). She was the only Judge that was also a Prophet.

**Discuss:**

1. Deborah must have been a very strong role model for other women when she was alive. Does God have a plan for our lives, and if so, how do we know that?

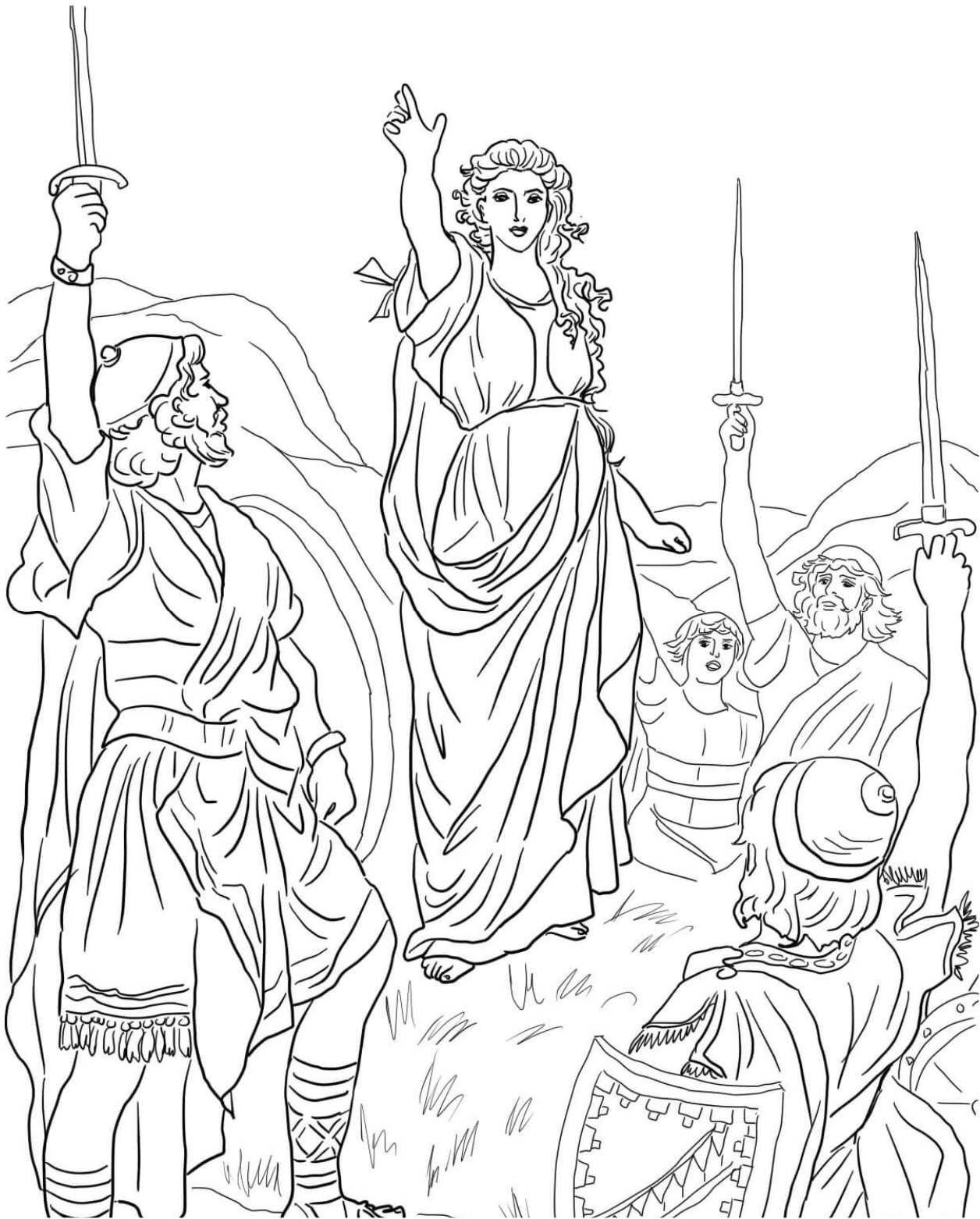
**Activity:**

**Creating a Deborah Shield**

1. Create a shield using the template (link to template at bottom of directions) using thin wood or cardboard.
2. Paint the shield or leave it natural (suggestions: paint silver, cover with foil, paint black or white)
3. Using the templates for the following: palm tree, bee(s), heart, sword. Cut them out of construction paper or cardboard or foam paper.
4. Have students place the symbols on the shield and describe what each symbol represents.
  - a. Palm Tree – for where Deborah took council and spoke to her general Barak.
  - b. Bee – Deborah's name means bee.
  - c. Sword – represents her as the Judge/Warrior
  - d. Heart – represents her as prophetess and her love for Israel.
5. Images are available at the back of workbook, or you can find your own free clipart online.

**Preparation for next week:**

No preparation required.





## Worksheet:

## What did Deborah say?

Use the code to find out.																									
A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
Z	Y	X	W	V	U	T	S	R	Q	P	O	N	M	L	K	J	I	H	G	F	E	D	C	B	A

" E V I B D V O O," Deborah said,

" R D R O O T L

D R G S B L F Y F G

Y V X Z F H V L U

G S V D Z B B L F

Z I V W L R M T

G S R H G S V

S L M L I D R O O

M L G Y V B L F I H

U L I G S V O L I W

D R O O S Z M W

H R H V I Z L E V I

G L Z D L N Z M"

**Reference List:**

Worksheet or Coloring Sheet: <https://www.pinterest.com/pin/ccd--333266441170212879>

**Activity Printable:**

